

## ISO 45003 Training Course

Working in partnership with the BSI, RRC offer ISO 45003 part of an ISO 45001 occupational health and safety management system. Following the recommendations of ISO 45003, you'll learn what creates psychological risks and take steps to manage or eliminate them.

BSI Group, also known as the British Standards Institution, is a multinational business services provider whose principal activity is the production of standards and the supply of standards-related services including training.



## Courses Available

In-Company  
**Worldwide**

Please call for more details on venues, dates and pricing.

## ISO 45003 Course

**ISO 45003** is a one day course teaches you how to manage psychological risk across your organisation as part of an ISO 45001 occupational health & safety management system. The recommendations in the standard will allow you to understand what creates psychological risk and how to manage or eliminate it.

Before taking this one-day course, you'll need to have a good understanding of ISO 45001. The training is ideal for anyone who supports psychological health and well-being in your organisation including those in health and safety, human resources, compliance and operation roles.

At the end of the ISO 45003 course you will be able to:

- Identify why psychological risk management is important to an organisation and recall its benefits
- Describe the background of ISO 45003 and its intended outcome
- Discuss the introduction of occupational stress
- Recognise the terms and definitions used
- Describe the key concepts and structure of ISO 45003
- Explain the main recommendations of ISO 45003