

SEPTEMBER 2016

## Welcome!

In this month's blog, Hasan Al Aradi, our Middle East Managing Director, shares his thoughts on the health and safety culture in the region and the steps that need to be taken to bring about a positive change.

We've included a taster of his blog here – visit our website to read more: [blog.rrc.co.uk](http://blog.rrc.co.uk)

We'd love to know if you agree with Hasan. Use our social media channels to tell us what you think:



### *Shifting Attitudes to Health and Safety in the Middle East*



We often wonder why we have such poor occupational health and safety standards in the Middle East compared to other areas of the world.

But if you look around you, you'll find the answer. Safety is no different to other facets of living in the Middle East - we suffer from a culture that has long been dependent on others to develop and implement systems and technology. Even the water we drink is imported!

What appears to matter most to us is how easily we can purchase things that are ready-made, rather than go through the process of creating them ourselves.

But, we have excellent people with the potential to go 'all the way' and rub shoulders with the best in the international HSE industry. This is a good starting point and should be used to drive the region's HSE standards in all directions, so I've outlined a framework for a Paradigm Shift that will result in improving HSE standards slowly but surely . . .

Visit our website to read more: [blog.rrc.co.uk](http://blog.rrc.co.uk)

## Sign up now!

We still have places available on the following courses this Autumn:

### Dubai

NEBOSH International General Certificate in Occupational Health and Safety: 16-27 October

NEBOSH Oil and Gas Certificate: Oct 30-Nov 3

NEBOSH International Diploma in Occupational Health and Safety - Unit C Blended Learning: 23-27 October

IOSH Managing Safely: 2 – 5 October

### Bahrain

IDIP-IC: 16 - 20 October

NEBOSH Award in Health and Safety at Work: 25 - 27 October

NEBOSH Award Environmental Awareness: 9 - 10 October

NEBOSH International General Certificate in Occupational Health and Safety: 30 October - 24 November

IOSH Leading Safely: 12 October

IOSH Supervising Safely: 25 - 27 October

Email us at [info@rrc.com.bh](mailto:info@rrc.com.bh) for more information.

## RRC Middle East in action

We've helped Oman Oil Refineries and Petroleum Industries Company (ORPIC) conduct a complete turnaround of its refinery in Sohar, resulting in no delays and no medical treatment cases during the high risk 2,505,250 man-hour operation.



The huge biannual maintenance project, which takes two months to complete, is necessary to ensure the safety of the whole operation and the integrity of the plant. We were appointed to manage the project's health and safety programme and train ORPIC's 7,223 refinery staff and contractors.

As well as providing induction training for all staff, our team of oil and gas HSE practitioners also gave 2,727 workers specific training, such as permit-to-work, confined space entry and working at heights courses.



Mr Juma Al Mukhaini from ORPIC says:

"Safety is absolutely critical to our business, but so is plant maintenance. We know that maintenance is a high risk time for our workers; there are a lot of people on site at once, they're handling huge amounts of complex equipment and the pressure to get the job done is huge. Every single day of delay could cost us millions of Reyls in oil refining production. That's why we always call in RRC. They really understand the oil business and provide a powerful mix of consultancy advice and practical hands-on training.



With RRC we also get the best of both worlds - a Middle East operation with local trainers and consultants who understand the local market, local companies and culture, and speak many languages including Arabic, English, Hindi and Farsi but backed by an international team of experts from the world's most well-respected health and safety training provider."

You can find out more about the training we offer on our website: [www.rrc.com.bh](http://www.rrc.com.bh)

## Do you have a fire safety plan in place?

No? Then you need our new Fire Safety Consultancy.

Our team will make sure you comply with, and exceed, local and international fire safety regulations by assessing fire risks and advising you on the steps you need to take to make your premises safe.

We'll prepare a full fire risk assessment based on a methodical analysis of your site, your activities and the likelihood that a fire could cause harm to those in or around the premises. The assessment will produce a comprehensive report which:

- identifies all possible fire hazards
- evaluates the risk of any hazards and provides recommendations of how to remove or reduce them
- records the precautions and management arrangements that are necessary to ensure the safety of the people using the site in the event of a fire and provides you with an emergency plan

Following the completion of the risk assessment, we'll become your ongoing safety partner, available to help, provide insights and answer questions at any time.

To find out more about our Fire Safety Consultancy, contact us at [info@rrc.com.bh](mailto:info@rrc.com.bh)

## Celebrating Success



We're delighted that nineteen students recently completed the NEBOSH International General Certificate in Occupational Health and Safety.

The international group of students, from six different countries including the USA, UK and Germany, studied at our office in Oud Metha, Dubai and will soon find out if they've successfully passed their exams. We're confident they'll all pass with flying colours!

We had some great feedback from the students:

*"Great instructor. Explained everything very well about the topic, encouraged critical thinking of students by not giving the expected answers right away."*

*"The teacher always gave examples through anecdotes, pictures or from group discussion to help embed the knowledge."*

*"Focus topics were covered, re-covered and referred to, to help us understand their importance."*

*"The exam technique guidance was thorough."*

*"The course book is set out clearly with important sections highlighted. The sample questions and answers were helpful with revision."*